
















# Year 11

## Resources to help you prepare for Sports A Level – 20 points per box

 <p><b>Complete this MOOC.</b></p> <p><a href="#">Football: more than a game</a> <i>University of Edinburgh</i> This course is open now!</p>	 <p><b>Listen to this radio programme</b> from the BBC World service.</p> <p>Sports Hour is a live Saturday morning sports show with reports, debate and humour. There are over 280 shows available covering all world sport.</p> <p><a href="#">BBC World Service: Sports hour</a> <i>BBC Programmes</i></p>	 <p><b>Read this article</b> which explores the science behind wearing a helmet in sporting activities and how helmets are there to stop brain fracture and not concussion.</p> <p><a href="#">Football helmets don't protect against concussion - and we're not sure what does</a></p>	 <p><b>Watch this TED talk</b> which explores how racial stereotypes have infiltrated the language we use to discuss athletes.</p> <p><a href="#">Shouldn't sports be colour-blind</a> <i>TED Talks – Patrick Ferrucci</i></p>	 <p><b>Complete this course.</b></p> <p><a href="#">Exercise prescription for the prevention and treatment of disease</a> <i>Future Learn</i> Available now or 4<sup>th</sup> May 2020</p>
 <p><b>Listen to this radio programme.</b> This is a daily podcast bringing you the latest from the Premier League, EFL, European football and more.</p> <p><a href="#">BBC Radio 5 Live</a> <i>BBC Programmes</i></p>	 <p><b>Read this article</b> which explores some of the key gender issues in sports.</p> <p><a href="#">Sports are designed around men – and that needs to change</a> <i>Ideas TED</i></p>	 <p><b>Watch this TED talk.</b></p> <p><a href="#">Are athletes really getting faster, better, stronger?</a> <i>TED Talks – David Epstein</i></p>	 <p><b>Listen to this podcast</b> in which Calum and Buncey react to KSI's split-decision victory over Logan Paul in Los Angeles.</p> <p><a href="#">KSI vs Logan Paul II</a> <i>BBC Sounds</i></p>	 <p><b>Watch this TED talk.</b></p> <p><a href="#">My 12 pairs of legs</a> <i>TED Talks – Aimee Mullins</i></p>
 <p><b>Watch this TED talk</b> in which Valorie Kondos Field, long-time coach of the UCLA women's gymnastics team, shares the secret to her success. Hint: it has nothing to do with "winning."</p> <p><a href="#">Why Winning doesn't always equal success</a> <i>TED Talk – Valorie Kondos</i></p>	 <p><b>Watch this TED talk</b> in which Christopher McDougall explores the mysteries of the human desire to run.</p> <p><a href="#">Are we born to run?</a> <i>TED Talk – Christopher McDougall</i></p>	 <p><b>Watch this TED talk.</b> How much do you know about intellectual disabilities?</p> <p><a href="#">Special Olympics let me be myself – a champion</a> <i>TED Talk – Matthews Williams</i></p>	 <p><b>Watch this TED talk.</b> Amazing, inspiring feats of daring and determination that will bring you everywhere from the high skies to the deep sea. (Playlist of eight talks).</p> <p><a href="#">Extreme sports</a> <i>TED Talks</i></p>	 <p><b>Listen to this podcast</b> from the British Journal of Sports Medicine. It covers all sorts of aspects of Sports Medicine, from the science behind running shoes to the power of sleep.</p> <p><a href="#">BJSM Podcast</a> <i>Also available on other podcast providers – search 'BJSM'</i></p>